



# **\$0 Prescription Drugs for Prescription Drug Lists (PDL) 20, 30, and 40**

In accordance with the Affordable Care Act (ACA) requirements, your employer has chosen to provide evidence-based preventative drug coverage at \$0. Below is the list of preventive medications that may be available under your preventive drug coverage.

The drugs listed below are grouped into broad categories. Each category includes an alphabetical list of drugs. Please verify with your plan if a generic drug must be tried before the brand-name drug is covered. Please refer to your benefit materials for coverage details and your online member account for current information as this list will be reviewed periodically and is subject to change.

Generic prescription drugs are shown in lowercase, blue type. Most generic drugs are followed by a reference brand drug (in parentheses). Some generic products have no reference brand. Brand-name prescription drugs are shown in all capital letters followed by the generic name. Generic alternatives to many brand-name drugs are available, though not necessarily in all strengths.

- Aspirin: Over-the-counter (OTC) (male ages 50-59 and female ages 50-59 for cardiovascular disease; pregnant women at risk for pre-eclampsia ages 13-59)
  - Aspirin chew tab 81 mg
  - Aspirin tab delayed release 81 mg
- Breast Cancer Primary Prevention: Women at risk for certain types of cancer, aged 35 and older
  - Anastrozole tab 1 mg
  - Exemestane tab 25 mg
  - Letrozole tab 2.5 mg
  - Raloxifene hcl tab 60 mg (Evista)
  - Tamoxifen citrate tab 10 mg (base equivalent)
  - Tamoxifen citrate tab 20 mg (base equivalent)
- Colonoscopy Bowel Preparation
  Medication: Generic bowel prep medication
  will be covered for members aged 45 and older.
  - Peg 3350-kcl-na bicarb-nacl-na sulfate for soln 240 gm (Colyte-flavor packs)
  - Peg 3350-kcl-na bicarb-nacl-na sulfate for soln 236 gm (Golytely)
  - Peg 3350-kcl-sod bicarb-nacl for soln 420 gm (Nulytely/flavor pack)
- Contraceptive Medications and Supplies:
  - Visit NebraskaBlue.com/Prevent to see the separate Contraceptive Drugs and Methods Pharmacy List flier for a complete list of contraceptives covered at no cost to you.
- **Fluoride:** Prescription (ages 6 months to 16 years; through age 15)
  - **Dental Products & Combinations**
  - Sodium fluoride cream 1.1% (Prevident 5000 plus)

- Sodium fluoride gel 1.1% (0.5% f) (Prevident fluoride)
- Stannous fluoride conc 0.63%-Rx only
- Stannous fluoride gel 0.4%-Rx only
- Sodium fluoride paste 1.1%
- (Prevident 5000 boost)
- Sodium fluoride-potassium nitrate paste 1.1-5% (Prevident 5000 sensitive)
- Sodium fluoride rinse 0.2%

#### Supplements & Combinations

- Sodium fluoride chew tab 0.25 mg f (from 0.55 mg naf)
- Sodium fluoride chew tab 0.5 mg f (from 1.1 mg naf)
- Sodium fluoride chew tab 1 mg f (from 2.2 mg naf)
- Sodium fluoride soln 0.125 mg/drop f (0.275 mg/ drop naf)
- Sodium fluoride soln 0.5 mg/ml f (from 1.1 mg/ml naf) (Luride)
- Folic Acid: OTC (women/pregnant women)
  - Folic acid cap 0.8 mg
  - Folic acid tab 400 mcg
  - Folic acid tab 800 mcg
- **HIV Prep:** The United States Preventive Services Task Force recommends that clinicians offer pre-exposure prophylaxis (PrEP) with effective antiretroviral therapy to persons who are at high risk of HIV acquisition
  - emtricitabine-tenofovir disoproxil fumarate tab 200-300 mg (Truvada)
- Iron Supplements: Prescription and OTC (ages 6-12 months)
  - Carbonyl iron susp 15 mg/1.25ml (elemental iron)

- FERROUS SULFATE Ferrous sulfate syrup 300 mg/ 5ml (60 mg/5ml elemental iron)
- FERROUS SULFATE Ferrous sulfate liquid 220 mg/ 5mL (44 mg/5mL elemental iron)
- Ferrous sulfate elixir 220 mg/5ml (44 mg/5ml elemental iron)
- Ferrous sulfate soln 75 mg/ml (15 mg/ml elemental iron)
- IRON UP Polysaccharide iron complex liquid 15 mg/ 0.5ml (iron equiv)
- NOVAFERRUM PEDIATRIC DROP Polysaccharide iron complex liquid 15 mg/ml (iron equiv)
- **Statins:** For use in primary prevention of cardiovascular disease in adults aged 40 to 75. Limited to a quantity of one per day.
  - Lovastatin tab 20 mg
  - Lovastatin tab 40 mg
  - Pravastatin sodium tab 10 mg
  - Pravastatin sodium tab 20 mg (Pravachol)
  - Pravastatin sodium tab 40 mg (Pravachol)
  - Pravastatin sodium tab 80 mg (Pravachol)
- **Tobacco Cessation:** Limited to one method per 180 days
  - Bupropion hcl tab er 12hr 150 mg (Zyban)
  - Varenicline tartrate tab 0.5 mg (base equiv)
  - Varenicline tartrate tab 1 mg (base equiv)
  - Varenicline Starting Month Pack Varenicline tartrate tab 0.5 mg x 11 & tab 1 mg x 42 pack

Effective June 1, 2022

If you have any questions about this list or your prescription drug benefits, please call the Member Services number on the back of your member ID card.

Generic drug = Blue letters BRAND-NAME DRUG = CAPITALS

NOTE: This list is reviewed periodically and is subject to change. Inclusion on this list does not guarantee coverage. Product names are the property of their respective owners. Standard quantity limits and medical policies may apply. Blue Cross and Blue Shield of Nebraska is an independent licensee of the Blue Cross and Blue Shield Association. 36-299-2 (03-10-23)

## **Questions?**

6-12 months) - Carbonyl iron su

### Preventive prescription drug list - cont.

- Nicotine polacrilex gum 2 mg
- Nicotine polacrilex gum 4 mg
- Nicotine polacrilex lozenge 2 mg
- Nicotine polacrilex lozenge 4 mg
- Nicotine td patch 24hr 14 mg/24hr
- Nicotine td patch 24hr 21 mg/24hr
- Nicotine td patch 24hr 7 mg/24hr
- NICOTROL INHALER Nicotine inhaler system 10 mg (4 mg delivered)
- NICOTROL NS Nicotine nasal spray 10 mg/ ml (0.5 mg/spray)
- NICOTINE TRANSDERMAL SYST Nicotine td patch 24 hr kit 21-14-7 mg/24hr

#### • Vaccines:

- ACTHIB haemophilus b polysaccharide conjugate vaccine for inj
- ADACEL tet tox-diph-acell pertuss ad inj 5-2-15.5 lflf-mcg/0.5ml
- AFLURIA -- influenza virus vaccine split im susp
- AFLURIA PF influenza virus vaccine split pf susp pref syringe 0.5 ml
- AFLURIA QUADRIVALENT influenza virus vaccine split quadrivalent im inj
- AFLURIA QUADRIVALENT influenza virus vac split quadrivalent susp pref syr 0.5ml
- BEXSERO meningococcal vac b (recomb omv adjuv) inj prefilled syringe
- BOOSTRIX tet tox-diph-acell pertuss ad inj 5-2.5-18.5 lf-lf-mcg/0.5ml
- DAPTACEL diph, acellular pert & tet tox inj 15 lf-23 mcg-5 lf/0.5ml
- DIPHTHERIA/TETANUS TOXOID diphtheriatetanus tox adsorbed (dt) im inj 25-5 unit/0.5ml
- ENGERIX-B hepatitis b vaccine (recombinant) susp 10 mcg/0.5ml
- ENGERIX-B hepatitis b vaccine (recombinant) susp 20 mcg/ml
- ENGERIX-B hepatitis b vaccine (recombinant) 10 mcg/0.5ml
- ENGERIX-B hepatitis b vaccine (recombinant) 20 mcg/ml
- FLUAD influenza vac type a&b surface ant adj susp pref syr 0.5 ml
- FLUARIX QUADRIVALENT influenza virus vac split quadrivalent susp pref syr 0.5ml
- FLUBLOK influenza virus vac recombinant hemagglutinin (ha) pf inj
- FLUBLOK QUADRIVALENT influenza vac recomb ha quad pf soln pref syr 0.5 ml
- FLUCELVAX influenza virus vac tiss-cult subunit susp pref syr 0.5 ml

- FLUCELVAX QUADRIVALENT influenza vac tissuecultured subunit quadrivalent im susp
- FLUCELVAX QUADRIVALENT influenza vac tisscult subunt quad susp pref syr 0.5 ml
- FLULAVAL QUADRIVALENT— influenza virus vac split quadrivalent susp pref syr 0.5ml
- FLULAVAL QUADRIVALENT- influenza virus vaccine split quadrivalent im inj
- FLUMIST QUADRIVALENT- influenza virus vaccine live quadrivalent intransal susp
- FLUVIRIN influenza vac type a&b surface antigen susp pref syr 0.5 ml
- FLUVIRIN influenza virus vaccine types a & b surface antigen im susp
- FLUZONE HIGH-DOSE PF influenza virus vac split high-dose pf susp pref syr 0.5ml
- FLUZONE INTRADERMAL QUADRIVALENT influenza virus vac split quad intradermal pen 9 mcg/strain
- FLUZONE QUADRIVALENT— influenza virus vaccine split quadrivalent im inj
- FLUZONE QUADRIVALENT influenza virus vaccine split quadrivalent inj 0.5 ml
- FLUZONE QUADRIVALENT- influenza virus vac split quadrivalent susp pref syr 0.25 ml
- FLUZONE QUADRIVALENT influenza virus vac split quadrivalent susp pref syr 0.5ml
- GARDASIL human papillomavirus (hpv) quadrivalent recombinant vac inj
- GARDASIL 9 human papillomavirus (hpv)
  9-valent recomb vac susp pref syr
- GARDASIL 9 human papillomavirus (hpv) 9-valent recomb vac im susp
- HAVRIX hepatitis a vaccine inj susp 720 el unit/0.5ml
- HAVRIX hepatitis a vaccine inj susp 1440 el unit/ml
- HEPLISAV-B hepatitis b vaccine recombinant adjuvanted 20 mcg/0.5ml
- HEPLISAV-B hepatitis b vaccine recombinant adjuvanted pref syr 20 mcg/0.5ml
- HIBERIX haemophilus b polysaccharide conjugate vac for inj 10 mcg
- INFANRIX diph, acellular pert & tet tox inj 25 lf-58 mcg-10 lf/0.5ml
- IPOL INACTIVATED IPV poliovirus vaccine, ipv injection
- KINRIX diph-tetanus tox ad-acell pert & polio virus, ipv vac inj
- M-M-R II measles, mumps & rubella virus vaccines for inj

- MENACTRA meningococcal (a, c, y, and w-135) conjugate vaccine inj
- MENHIBRIX meningococcal (c & y)haemophilus b tet tox conj vac for inj
- MENOMUNE-A/C/Y/W-135 meningococcal vaccine a, c, y, and w-135 inj
- MENVEO meningococcal (a, c, y, and w-135) oligo conj vac for inj
- PEDIARIX diph-tetanus tox-acell perthepatitis bpolio ipv vac inj
- PEDVAX HIB haemophilus b polysaccharide conj vac im susp 7.5 mcg/0.5 ml
- PENTACEL diph-ac per-tet tox ad-poliovhaemoph b poly vac for im susp
- PNEUMOVAX 23 pneumococcal vaccine polyvalent inj 25 mcg/0.5ml
- PNEUMOVAX 23/1 DOSE pneumococcal vaccine polyvalent inj 25 mcg/0.5ml
- PREVNAR 13 pneumococcal 13-valent conjugate vaccine inj
- PROQUAD measles-mumps-rubella-varicella virus vaccines for inj
- QUADRACEL diph-tetanus tox ad-acell pert & polio virus, ipv vac inj
- RECOMBIVAX HB hepatitis b vaccine (recombinant) susp 5 mcg/0.5ml
- RECOMBIVAX HB hepatitis b vaccine (recombinant) susp 10 mcg/ml
- RECOMBIVAX HB hepatitis b vaccine (recombinant) susp 40 mcg/ml
- ROTARIX rotavirus vaccine, live for oral susp
- ROTATEQ rotavirus vaccine, live oral pentavalent soln
- SHINGRIX zoster vaccine recombinant adjuvanted for im inj 50 mcg
- TENIVAC tetanus-diphtheria toxoids (td) inj 5-2 lfu
- TETANUS/DIPHTHERIA TOXOID tetanusdiphtheria toxoids (td) inj 2-2 lf/0.5ml
- TRUMENBA meningococcal group b vac (recomb) im susp prefilled syr
- TWINRIX hepatitis a (inact)-hep b (recomb) vac inj 720-20 elu-mcg/ml
- VAQTA hepatitis a vaccine inj susp 25 unit/0.5ml
- VAQTA hepatitis a vaccine inj susp 50 unit/ml
- VARIVAX varicella virus vac live for subcutaneous inj 1350 pfu/0.5ml
- ZOSTAVAX zoster vaccine live for subcutaneous susp 19400 unit/0.65ml

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